

## Christmas and March Break Camps

### Development Program (6 & under) or Progression Program (7+)

<b>Program Timing Duration</b>	Christmas Camp: December 27 – 31 &/or January 3-7 March Camp: March 12-16
<b>Daily Training Schedule</b>	Morning Training: 9:30 – 11:30  (Parents of guardian must pick up athletes at the end of training unless they have signed a release form)
<b>Meeting Area</b>	Program Flags at Matts Meadow
<b>Equipment Requirements</b>	Snowboard or Skis, boots and helmet that fit, outdoor clothing (see parents' guide)
<b>Equipment Options</b>	
<b>LTAD Stage</b>	FUNdamentals → Learn to Train – <a href="#">Click Here</a>
<b>Prerequisites</b>	Any ability – Learn here & Learn right
<b>Objective</b>	Develop the ability to turn on terrain from beginner to Avalanche.
<b>Competitions</b>	
<b>Next Steps</b>	Season Programming
<b>Feedback Expectations</b>	Participants will receive ongoing feedback throughout the program Weekly updates on all Recreational programs will be sent Thursdays
<b>Price</b>	\$210